

November menu 2018

Missoula County Public Schools Elementary and Middle School

1st American Goulash with beef and macaroni

2nd Popcorn Chicken

5th Whole grain whole filet fish sticks

6th French Fries with homemade chili and cheese

7th Handmade whole grain Italian dippers with homemade dipping sauce

8th Deli sandwich on a whole grain bun and handmade wholegrain chocolate chip cookie

9th No School

12th Whole grain chicken tenders

13th Softshell beef taco

14th Handmade whole grain pizza. Cheese, pepperoni or sausage

15th Homemade chicken noodle soup

16th Hamburger on a whole grain bun

19th Roasted turkey, homemade gravy and mashed potatoes with a handmade whole grain dinner roll

20th Whole grain cheese and bean burrito

21st, 22nd and 23rd No School Happy Thanksgiving

26th Whole grain baked corn dog

27th Walking taco with wholegrain Doritos

28th Teriyaki Chicken with rice pilaf

29th Whole grain grilled cheese sandwich with tomato soup

30th Homemade sloppy Joe sandwich on a whole grain bun

Available Daily:

- Deli sandwiches, salad bar with fresh fruits and vegetables, variety of milk including; 1% white, Skim white, Skim chocolate, variety 100% fruit juice including; orange, apple and grape.*

Breakfast Menu November 2018

Missoula County Public Schools Elementary and Middle Schools

1st Whole grain breakfast burrito

2nd Homemade pumpkin, chocolate chip muffins

5th Nature Valley breakfast bar with yogurt

6th Wholegrain Blueberry pancakes

7th Wholegrain cinnamon glazed French toast sticks

8th Wholegrain little cinnamon John

9th No School

12th Nutrigrain Bar with string cheese

13th Wholegrain maple pancakes

14th wholegrain maple waffles

15th Wholegrain pancake wrapped sausage

16th Homemade blueberry muffin

19th Nature Valley breakfast bar with yogurt

20th Wholegrain blueberry pancake

21st, 22nd, 23rd No School Happy Thanksgiving

26th Nutrigrain bar with string cheese

27th Wholegrain maple pancakes

28th Wholegrain cinnamon glazed French toast

29th Wholegrain cold cereal and wholegrain animal crackers

30th Homemade wholegrain banana bread