

October menu 2018

Missoula County Public Schools Elementary and Middle School

1st Wholegrain Chicken Tender with rice pilaf

2nd Supper Nachos

3rd Handmade wholegrain pizza. Cheese, pepperoni or sausage

4th Meatball Sandwich

5th Sausage and cheese muffin with hash brown patty

8th Chicken noodle soup with wholegrain French bread

9th Bean and Cheese burrito

10th Hotdog

11th Breaded chicken sandwich

12th Rotini with meatballs

15th Macaroni and Cheese

16th Walking Taco

17th Handmade wholegrain pizza. Cheese, pepperoni or sausage

18th and 19th No School

22nd Wholegrain corndog

23rd chicken taco with fiesta rice

24th Chili with wholegrain soft pretzel

25th Sub Sandwich on handmade wholegrain bread

26th Turkey and gravy with mashed potatoes

29 Barbeque rib sandwich

30th Hamburger

31st Handmade wholegrain pizza. Cheese Pepperoni or sausage

Available Daily:

- *Deli sandwiches, salad bar with fresh fruits and vegetables, variety of milk including; 1% white, Skim white, Skim chocolate, variety 100% fruit juice including; orange, apple and grape.*

Breakfast Menu October 2018

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1st Nutrigrain Bar with string cheese

2nd Maple mini pancake

3rd French toast stick

4th Breakfast burrito

5th Bagel and cream cheese

8th Oats 'N Honey Bar with yogurt

9th Blueberry Pancake

10th Maple Waffle

11th Cinnamon John with string cheese

12 Handmade zucchini bread

15th Nutrigrain bar with string cheese

16th Maple mini pancake

17th Cheese filled breadstick

18th and 19th No School

22nd Oats 'N Honey bar with yogurt

23rd Blueberry pancake

24th Maple Waffle

25th Pancake wrapped sausage

26th Handmade blueberry muffin

29th Nutrigrain Bar with string cheese

30th Mini maple pancake

31st French toast stick