

## **January menu 2019**

### *Missoula County Public Schools Elementary and Middle School*

*7<sup>TH</sup> Wholegrain Chicken Tender*

*8<sup>TH</sup> Soft shell taco*

*9<sup>th</sup> Barbeque Rib Sandwich*

*10<sup>th</sup> Rotini with homemade tomato sauce and meatballs*

*11<sup>th</sup> Sausage and cheese English muffin with a hash brown patty*

*14<sup>th</sup> Tangerine Chicken with rice pilaf*

*15<sup>th</sup> Walking taco*

*16<sup>th</sup> Handmade wholegrain pizza. Cheese, pepperoni or sausage*

*17<sup>th</sup> Hot ham and cheese sandwich with homemade vegetable soup*

*18<sup>th</sup> Hamburger*

*21<sup>st</sup> No School*

*22<sup>nd</sup> Wholegrain corn dog*

*23<sup>rd</sup> Breaded chicken sandwich*

*24<sup>th</sup> Handmade wholegrain Italian dippers*

*25<sup>th</sup> Chili cheese dog*

*28<sup>th</sup> Bean and cheese burrito with homemade chocolate chip cookie*

*29<sup>th</sup> Sloppy Joe*

*30<sup>th</sup> Handmade wholegrain pizza. Cheese, pepperoni or sausage*

*31<sup>st</sup> Homemade macaroni and cheese*

*Available Daily:*

- Deli sandwiches, salad bar with fresh fruits and vegetables, variety of milk including; 1% white, Skim white, Skim chocolate, variety 100% fruit juice including; orange, apple and grape.*

## **Breakfast Menu January 2019**

*Missoula County Public Schools Elementary and Middle Schools*

*7<sup>th</sup> Nutrigrain Bar with string cheese*

*8<sup>th</sup> Maple mini pancake*

*9<sup>th</sup> French toast stick*

*10<sup>th</sup> pancake wrapped sausage*

*11<sup>th</sup> Homemade pumpkin muffin*

*14<sup>th</sup> Oats 'N Honey Bar with yogurt*

*15<sup>th</sup> Blueberry Pancake*

*16<sup>th</sup> Maple Waffle*

*17<sup>th</sup> cereal with animal crackers*

*18<sup>th</sup> Homemade cinnamon roll*

*21<sup>st</sup> No School*

*22<sup>nd</sup> Nutrigrain bar with string cheese*

*23<sup>rd</sup> French toast stick*

*24<sup>th</sup> Lil cinnamon John with string cheese*

*25<sup>th</sup> Homemade vanilla pear muffin*

*28<sup>th</sup> Oats 'N Honey bar with yogurt*

*29<sup>th</sup> Blueberry pancake*

*30<sup>th</sup> Maple Eggo Waffle*

*31<sup>st</sup> Cheese filled bread stick*