

## **February menu 2019**

### *Missoula County Public Schools Elementary and Middle School*

*1<sup>st</sup> Meatball Sub Sandwich*

*4<sup>th</sup> Whole grain chicken tenders with rice pilaf*

*5<sup>th</sup> Chicken Taco*

*6<sup>th</sup> Bean and meat chili with cheese and homemade corn bread*

*7<sup>th</sup> Fresh Sub Sandwich on homemade whole grain bread*

*8<sup>th</sup> Bean and cheese burrito*

*11<sup>th</sup> No School*

*12<sup>th</sup> Homemade chicken noodle soup*

*13<sup>th</sup> Homemade wholegrain pizza, cheese, sausage or pepperoni*

*14<sup>th</sup> Hamburger on a whole grain bun*

*15<sup>th</sup> Hot Dog on a whole grain bun with homemade baked beans*

*18<sup>th</sup> No School*

*19<sup>th</sup> Baked whole grain corn dog*

*20<sup>th</sup> Super Nachos with cheese and taco meat*

*21<sup>st</sup> Homemade whole grain Italian dippers with homemade tomato dipping sauce*

*22<sup>nd</sup> Chicken sandwich on a whole grain bun*

*25<sup>th</sup> American goulash with beef and macaroni*

*26<sup>th</sup> Teriyaki chicken with rice pilaf*

*27<sup>th</sup> Homemade whole grain pizza, cheese, sausage or pepperoni*

*28<sup>th</sup> Barbeque rib sandwich on a whole grain bun*

*Available Daily:*

- *Deli sandwiches, salad bar with fresh fruits and vegetables, variety of milk including; 1% white, Skim white, Skim chocolate, variety 100% fruit juice including; orange, apple and grape.*

## **Breakfast Menu February 2019**

*Missoula County Public Schools Elementary and Middle Schools*

*1<sup>st</sup> Home made banana muffin*

*4<sup>th</sup> Nutrigrain Bar with string cheese*

*5<sup>th</sup> Maple mini pancakes*

*6<sup>th</sup> Whole grain cinnamon glazed French toast sticks*

*7<sup>th</sup> Pancake wrapped sausage*

*8<sup>th</sup> Homemade zucchini bread*

*11<sup>th</sup> No School*

*12<sup>th</sup> Nature Valley Breakfast Bar with yogurt*

*13<sup>th</sup> Whole grain maple waffles*

*14<sup>th</sup> Breakfast burrito*

*15<sup>th</sup> Homemade blueberry muffin*

*18<sup>th</sup> No School*

*19<sup>th</sup> Nutrigrain bar*

*20<sup>th</sup> Whole grain cinnamon glazed French toast sticks*

*21<sup>st</sup> Whole grain lil cinnamon John*

*22<sup>nd</sup> Cereal with animal crackers*

*25<sup>th</sup> Nature Valley breakfast bar with yogurt*

*26<sup>th</sup> Mini blueberry pancakes*

*27<sup>th</sup> Maple waffles*

*28<sup>th</sup> Whole grain cheese breadstick*